

Lunch Menu

NEW PALTZ CENTRAL SCHOOL DISTRICT

January 2023

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday

Offered daily: 1%, fat free and chocolate skim milk; all are antibiotic and BGH free

We offer local fruits and vegetables.

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products

Tuesday

Wednesday

Thursday

Friday

Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal.

This institution is an equal opportunity provider and employer.

****Menu is subject to change.****



<p>2</p> <p>Happy New Year</p>	<p>3</p> <p>Chicken Tenders w/Dipping Sauces Brown Rice Steamed Carrots</p> <p>Alt. Ham and Cheese, HS Chicken Ranch Panini</p>	<p>4</p> <p>Double Cheeseburger Alt. Veggie Burger (V) French Fries Steamed Broccoli</p> <p>Alt. Egg Salad, HS Chicken Ranch Panini</p>	<p>5</p> <p>Grilled Cheese(V) Ham (P) Optional Green Beans</p> <p>Alt. Italian Combo, HS Chicken Ranch Panini</p>	<p>6</p> <p>Stuffed Crust Pizza 3 Bean Salad Fruit Juice</p> <p>Salami and Cheese, HS Chicken Ranch Panini</p>
<p>9</p> <p>Chicken Nuggets w/Dipping Sauce Macaroni Salad Steamed Carrots</p> <p>Alt. Ham and Cheese, HS Chicken Ranch Panini</p>	<p>10</p> <p>Meatball Parm Hero Italian Vegetables</p> <p>Alt. Chicken Salad, HS Chicken Ranch Panini</p>	<p>11</p> <p>Double Egg, Bacon & Cheese on a Hard Roll Hash Brown Patty</p> <p>Alt. Bologna and Cheese, HS Chicken Ranch Panini</p>	<p>12</p> <p>Walking Taco (N) Brown Rice Ranchero Beans Corn</p> <p>Alt. Tuna Salad, HS Chicken Ranch Panini</p>	<p>13</p> <p>Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Alt. Roast Beef, HS Chicken Ranch Panini</p>
<p>16</p> <p>I HAVE A DREAM MARTIN LUTHER KING JR. DAY</p>	<p>17</p> <p>Mozzarella Sticks (V) w/ Marinara Sauce Green Beans Breadstick</p> <p>Alt. Salami and Cheese, HS Meatball Panini</p>	<p>18</p> <p>Macaroni & Cheese(V) Steamed Broccoli Dinner Roll</p> <p>Alt. Turkey Salad, HS Meatball Panini</p>	<p>19</p> <p>Beef & cheese Quesadilla (N) w/Salsa & Sour Cream Brown Rice Black Bean Salad</p> <p>Alt. Italian Combo, HS Meatball Panini</p>	<p>20</p> <p>Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Alt. Chicken Salad, HS Meatball Panini</p>
<p>23</p> <p>Sweet & Sour Chicken (N) Brown Rice Asian Vegetables</p> <p>Alt. Ham and Cheese, HS Meatball Panini</p>	<p>24</p> <p>Bacon Burger Alt. Veggie Burger (V) Carrot Sticks French Fries</p> <p>Alt. Egg Salad, HS Meatball Panini</p>	<p>25</p> <p>Grilled Cheese(V) Ham (P) Optional Tomato Soup Green Peas</p> <p>Alt. Bologna and Cheese, HS Meatball Panini</p>	<p>26</p> <p>BBQ Shredded Turkey Cheddar Melt (N) Steamed Green Beans</p> <p>Alt. Tuna Salad, HS Meatball Panini</p>	<p>27</p> <p>Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Alt. Turkey and Cheese, HS Meatball Panini</p>
<p>30</p> <p>Ham, Egg & Cheese Bagel (P) Home Fries</p> <p>Alt. Roast Beef, HS Italian Combo Panini</p>	<p>31</p> <p>Pasta w/ Meatballs Italian Bread Caesar Salad</p> <p>Alt. Turkey Salad, HS Italian Combo Panini</p>			